



LOWER MAKEFIELD TOWNSHIP



## Parks & Recreation

With 28 Miles of bike trails that connect parks, sports fields, 5-Mile Woods, the 9/11 monument, the pool and the dog park there are opportunities for people (and dogs) of every age and ability level. The Lower Makefield Township Parks and Recreation Department is located at the new Community Center and is open to the public from 9:00AM-3:00 PM for discounted ticket purchases, field or pavilion rental requests, and to sign up for programs like the classes and camps you will find within this catalog. For questions or feedback please call 267-274-1110 or email [prinfo@lmt.org](mailto:prinfo@lmt.org).

Online registration for the pool, dog park, field and pavilion permit requests, as well as community center classes and programs can be found at:  
[Register.CommunityPass.net/LowerMakefield](http://Register.CommunityPass.net/LowerMakefield)

\*Note: if you already have an account for the pool or dog park, please use the same account!

## 2018 SUMMER PROGRAM GUIDE

### AT THE COMMUNITY CENTER

1550 OXFORD VALLEY RD | YARDLEY | PA | 19067  
267-274-1111 | [LMT.ORG](http://LMT.ORG)

# SUMMER PROGRAMS

## ART

### **Watercolor Class – Chris Monteiro (6-week series)**

- Resident: \$60 / Non-Resident: \$75
  - 18+
  - 10am-12pm (Mondays) 6/4 – 7/9
  - 6:30-8:30pm (Thursdays) 6/7 – 7/12
- Please bring your own watercolor paints, brushes, and pads!

## RETREATS

### **Reframing retirement: Daring to Live Life on Your Terms! – Merle Eskowitz**

- Resident: \$120 / Non-Resident: \$135
- 18+
- 6/9 (Saturday) 9am – 3pm

Most of us hold beliefs that retirement is the end. Truth is... it's just the beginning! You decide "The Beginning of What...?" With wisdom and a light heart, we will reframe and redefine how we view this time in our lives and apply innovative tools to support our unique, highest vision for living. (Please dress comfortably and bring your lunch; snacks, healthy desserts and water will be provided.)

## FITNESS AND WELLNESS

### **"Over the Top" Stress: Signs, Symptoms, and Solutions (3-day series) – Merle Eskowitz**

- Resident: \$60 / Non-Resident: \$75
- 18+
- 6/18, 20, 22 (Monday, Wednesday, Friday) 10:30 am – 12:30pm
- 6/18, 20, 21 (Monday, Wednesday, Thursday) 7-9pm
- 8/6, 8, 10 (Monday, Wednesday, Friday) 10:30 am – 12:30 pm
- 8/6, 8, 9 (Monday, Wednesday, Thursday) 7-9pm

Stress may seem like the new "normal," yet it is anything BUT a normal state of being. Left unaddressed, it can wreak havoc on our physical, mental and emotional health. Over 3 days, we will turn it all around by learning: the process our bodies go through when we're under too much stress; the warning signals they give us and how we ignore them; TOXIC second-hand stress exposure (yes, there IS such a thing!); and short-term and long-term strategies for well-being and peace. Handout material included.

## FITNESS AND WELLNESS

### **Introduction to Mindfulness Workshop – Lina Blanchet**

- Resident: \$15; Non-Resident: \$30
- 18+
- 5/22 (Tuesday) 7-8:30pm

Discover how Mindfulness can support you in developing resilience, balance, and well-being. Mindfulness practices help us turn inward, nurturing awareness that helps us focus and direct our minds in a more healthy and positive way. Learn how mindfulness can help you become more fully present for yourself and your loved ones, manage stress and anxiety, and develop self-compassion. This workshop includes an introduction to Mindfulness, the neuroscience behind the practices, and guided instruction to begin an exploration into well-being.

### **An Introduction to Mindfulness – Lina Blanchet (8-week series)**

- Resident: \$250/Non-Resident: \$265
- 18+
- 6/5 – 7/31 (Tuesdays, excluding 7/17) 7-8:30

Take a pause this summer and learn how to nurture self-care and well-being with mindfulness. In this eight-week series, we will explore the principles and practices of mindfulness and how to incorporate these in our lives. We will learn about mindfulness of body, thoughts, and emotions, and discover methods that nurture presence, kindness, and compassion for self and others. This series will also include an exploration into the neuroscience of mindfulness, a guidebook, and guided instruction and discussion to support your personal mindfulness and meditation practice. Discover the transformative power of the mindful approach to life this summer.



## FITNESS AND WELLNESS

### **Beginner Yoga: Level Two – Maria Campbell (8-week series)**

- Resident: \$75/Non-Resident: \$90
- 18+
- 6/5-7/24 (Tuesdays) 6-7pm
- 8/7-9/25 (Tuesdays) 6-7pm

Take a pause this summer and learn how to nurture self-care and well-being with mindfulness. In this eight-week series, we will explore the principles and practices of mindfulness and how to incorporate these in our lives. We will learn about mindfulness of body, thoughts, and emotions, and discover methods that nurture presence, kindness, and compassion for self and others. This series will also include an exploration into the neuroscience of mindfulness, a guidebook, and guided instruction and discussion to support your personal mindfulness and meditation practice. Discover the transformative power of the mindful approach to life this summer.

### **Essential Oils 101 – Linda Marr and Katie Heaton (1-class workshops)**

- Resident: \$30 / Non-Resident: \$45
- 6/11 (Monday) 6:30-8:30pm
- 7/11 (Wednesday) 6:30-8:30pm
- 8/8 (Wednesday) 6:30-8:30pm

Take control of your health NATURALLY in this hands-on workshop! Come learn what essential oils are, how to use them, and how to take care of yourself and your family with natural, healthy, toxin-free options. Support healthy sleep, increase energy and focus, calm digestive issues, balance hormones and emotions/stress, help manage weight, soothe aches and pains and much more! Experience three ways to use essential oils to support these and other issues. Everyone will make two rollerballs of essential oil blends to start using right away.



# SUMMER PROGRAMS

## FITNESS AND WELLNESS

### Meditation for Beginners – Merle Eskowitz (4-week series)

- Resident: \$60 / Non- Resident: \$75
- 18+
- 7/10-7/31 (Tuesdays) 10:30am-12pm

In this 4-week series, you will be introduced to basic meditation practices that allow you to take time for yourself...to experience the peace of being in the present moment, and to enhance overall calmness and well-being.

### Reiki Level 1 Certification – Merle Eskowitz

- Resident: \$150/ Non-Resident: \$165
- 18+
- 6/16 (Saturday) 10am-4pm

Just for today...I will let go of anger and worry, I will give thanks for my many blessings, I will do my work honestly and honor all living things. These are the Reiki Principles. Learn this gentle healing art that offers the gift of self-healing mind, body and spirit. Manual and certificate included.

### The Heart of Holistic Care: Embracing the Mind-Body-Spirit Relationship – Merle Eskowitz (6-class series)

- Resident: \$200/ Non- Resident: \$215
- 18+
- 6/4 – 6/15 (Monday, Wednesday, Friday) 10:30am-12:30pm
- 6/4 – 6/14 (Monday, Wednesday, Thursday) 7-9pm
- 7/9 – 7/20 (Monday, Wednesday, Friday) 10:30am – 12:30pm
- 7/9 – 7/19 (Monday, Wednesday, Thursday) 7-9pm

This 12-hour Summer Series explores our powerful mind-body-spirit connection. In the first six hours, we will learn about holistic care: what it means, how it works, and how to incorporate tools and techniques to create health and well-being. The second six hours builds on the first... deepening our understanding of the importance of mind-body-spirit care to take our health and happiness to the next level. Handout material and plenty of discussion time included.

## FITNESS AND WELLNESS

### Yoga Kids! – Tara Bane (5-week series)

- Resident: \$75/Non-Resident: \$90
- Age: 8-11
- 6/1-6/29 (Fridays) 4-5pm

Empower your child to learn and love through the mindfulness of yoga. Your child will learn to manage stress and anxiety through yoga's holistic approach of breathing practices, awareness, healthy movements and meditation. Yoga will increase concentration and improve self-image for your child.

### Zumba Gold – Rachel Carlson (8-week series)

- Resident: \$60/ Non-Resident: \$75
- 6/1-7/20 (Fridays) 9-10am

Zumba Gold is perfect for anyone who is looking for a modified Zumba class that recreates the original moves you love at a lower intensity. While it is targeted for the older active adult, anyone can join in the fun! The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong. Benefits - Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance. Bring a water bottle.

### Zumba® - Deanna Bottcher (8-week series)

- Resident: \$60 / Non-Resident: \$75
- 6/4 – 8/6 (Excluding 6/25 & 7/2) (Mondays) 6-7pm

Take the "work" out of workout as we mix low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party! ZUMBA® is a fusion of Latin and International music / dance themes that create a dynamic and exciting fitness class for everyone. Whether you're a newcomer to ZUMBA® or a seasoned pro, we'll all have fun together while getting fit. Bring a water bottle and a small towel.



## KIDS ART CLUB - LORI LOEW & ART DEPT. STUDIOS

Kids explore the design process with hands-on projects such as pottery painting, mosaics, fused glass, canvas painting and clay sculpting. Artwork will be fired in our kilns and ready for pickup about 2 weeks later at the Community Center.

- Resident: \$35 / Non-Resident: \$45 – (per class)
- Clay Pocket Planter
  - Ages: 5-12
  - 6/6 (Wednesday) 4:30-6pm
- Daisy Plate
  - Ages: 5-12
  - 6/13 (Wednesday) 4:30-6pm
- Fused Glass Abstract
  - Ages: 5-12
  - 6/20 (Wednesday) 4:30-6pm
- Snail Canvas
  - Ages: 5-12
  - 6/27 (Wednesday) 4:30-6pm
- Owl Plaque
  - Ages: 5-12
  - 7/10 (Tuesday) 4:30 – 6pm
- Freeform Fused Glass Initial
  - Ages: 5-12
  - 7/24 (Tuesday) 4:30-6pm
- Ice Cream Canvas Painting
  - Ages: 5-12
  - 7/31 (Tuesday) 4:30-6pm
- Clay Name Plaque
  - Ages: 5-12
  - 8/7 (Tuesday) 4:30-6pm
- Beachy Bowl
  - Ages: 5/12
  - 8/14 (Tuesday) 4:30-6pm
- Freeform Fused Glass Butterfly
  - Ages: 5-12
  - 8/21 (Tuesday) 4:30-6pm
- Hot Air Balloon Canvas
  - Ages: 5-12
  - 8/28 (Tuesday) 4:30-6pm



# SUMMER PROGRAMS

## JOURNALING

### Tell Your Story: An Introduction to Personal Journaling – Beverly Sce, Ph.D.

- Resident: \$99 / Non-Resident: \$114 (2 class series)
- 7/11 – 7/25 (Wednesdays) 6:30 – 8:30pm
- 8/2 – 8/16 (Thursdays) 6:30 – 8:30pm

Do you keep a journal? Don't keep one because you don't know how to start or what to write? This workshop will answer those questions and more. Journaling is an effective healing tool. It helps in recovery from grief and loss, improves perspectives on life, clarifies unanswered questions and enhances personal growth. By regularly recording your thoughts, personal insights are gained and are often a guide for future writing projects. Entries are expanded into personal essays or stories and solidify memories to help write your future story.

## KICK AND PLAY - A PROGRAM BY SUPER SOCCER STARS

- Age: 1-2
- FREE Demonstration
- 7/10 10:30am – 11:10am (Tuesday)
- Summer Session (6-week series)
- Resident: \$120 / Non-Resident: \$135
- 7/17 – 8/21 (Tuesdays) 10:30 – 11:15am

Kick and Play offers a parent and Child pre-soccer movement class that will encourage your toddler to use their lower and upper body more effectively to improve balance, overall coordination, and kicking abilities. Using these skills as they grow, they will develop the tools necessary to begin playing soccer. Mimi and Pepe (Our puppet friends) will help you stretch, sing, run, kick and play!

## LEARN TO PLAY GAMES - NEILIA MAKADOK

### Learn to Play Mah Jongg

- Resident: \$90 / Non-Resident: \$105 (3-class workshop) (Plus \$11 materials fee)
- 6/13, 6/20, 6/27 (Wednesdays) 6-9pm

Originating in China, Mah Jongg is an exciting and engaging game using tiles to form hands, much like Rummy. Learn to play the American version using the National Mah Jongg League rules and card.

### Learn to Play Canasta

- Resident: \$35 / Non-Resident: \$50 (Plus \$3 materials fee)
- 6/19 (Tuesday) 6-9pm

Socialize and have fun, while you play this easy card game. With instruction, you can learn to play quickly, even if you have never played cards before! Played with 2-4 players, individually or in partnerships, Canasta is one of the most widely-played card game in the U.S. Enrollment is limited to ensure a successful learning experience.

## YOUTH CULINARY CLASSES - RENEE HANNA & SILLY SPOONS

- Resident: \$30 / Non-Resident: \$45
- Ages: 5-10
- 6/9 (Saturday) 10am-1pm

This hands-on class will consist of one snack and one dessert both with a beach theme. Children will learn how to follow a recipe, measure, mix, use kitchen utensils, and decorate through an interactive lesson that fosters teamwork and creativity. Class includes a chef's hat, a kid friendly recipe, and yummy food to enjoy!



## Not Your Grandma's Grammar – Kristen Zarutskie

- Resident: \$150 / Non-Resident: \$165
- Ages: 10-15
- 6/25-6/29 (Monday-Friday) 9-11:15am

Grammar may get a bad rap today for being a minor or boring aspect of Language Arts instruction, but the fact is that all creative writing and reading comprehension ability relies on a solid foundation of grammar skills. This class, taught by a middle school English teacher, will dive into the 8 main parts of speech, their use in a variety of sentence structures. Participants will learn and review the parts of speech as well as sentence structure through traditional written activities, along with fun and engaging formats such as game show simulation, board games, and memorizable chants and raps.

## Artist A Day – Art Dept. Studios

- Resident: \$135 / Non-Resident: \$150
- Ages: 5-12
- 7/9-7/13 (Monday-Friday) 9-11:30am

Each day artists will learn a new technique and study classic and modern masters. Our knowledgeable staff will guide artists in recreating art masterpieces into their own treasure art pieces. Pottery, clay, and glass will be fired in our kilns and be ready for pick up at the community center building approximately 2 weeks after the completion of the class.

## SUMMER CAMPS

### Summer Bake Off – Renee Hanna & Silly Spoons

- Resident: \$150 / Non-Resident: \$165
- Ages: 5-10
- 7/16-7/20 (Monday-Friday) 9am-12pm

This week will consist of 5 kid friendly baking lessons. Children will learn how to follow a recipe, measure, mix, use kitchen utensils, and decorate through interactive lessons that foster teamwork and creativity. Classes include a chef's hat, kid friendly recipes, and yummy food to enjoy! Recipes may include but are not

# SUMMER PROGRAMS

## SUMMER CAMPS

limited to: snickerdoodles, sugar cookies, banana bread, cupcakes, & Italian drop cookies.

### Pizza Pizza – Renee Hanna & Silly Spoons

- Resident: \$150 / Non-Resident: \$165
- Ages: 5-10
- 7/23-7/27 (Monday-Friday) 9am-12pm

This week will consist of 5 kid friendly pizza variations, including a dessert pizza! Children will learn how to follow a recipe, measure, mix, use kitchen utensils, and assemble eye appealing pizzas through interactive lessons that foster teamwork and creativity. Classes include a chef's hat, kid friendly recipes, and yummy food to enjoy! Recipes may include but are not limited to: traditional pizza, veggie pie, dessert pizza, pizza muffins, & funny face pizza

### Mad Science: Radical Reactions & Detective Science

- Resident: \$150 / Non-Resident: \$165
- Ages: 5-12
- 7/23-7/27 (Monday-Friday) 12:30pm-3:30pm

Mad Science brings awe-inspiring experiments paired with thought-provoking detective work to campers, nurturing scientific interests and evoking fascination. Children will learn about chemical reactions as they grow crystals, create sidewalk chalk from scratch, and design chromatography t-shirts to take home. Campers become trained science sleuths as they investigate the role of chemistry at the scene of a crime. We spark curiosity by asking children to make thorough observations while dusting for fingerprints!

### Play With Your Food – Renee Hanna & Silly Spoons

- Resident: \$150 / Non-Resident: \$165
- Ages: 5-10
- 7/30-8/3 (Monday-Friday) 9am-12pm

Description of class: This week will consist of 5 fun ways to create food art while incorporating nutrition concepts. Children will learn how

## SUMMER CAMPS

to make healthy food choices, use kitchen utensils, and create a food masterpiece through interactive lessons that foster teamwork and creativity. Classes include a chef's hat, kid friendly recipes, and yummy food to enjoy! Recipes may include but are not limited to: veggie animals, fruit bouquets, grape sculptures, edible vehicles, & food faces.

### Garden Walk – Art Dept. Studios

- Resident: \$135 / Non-Resident: \$150
- Ages: 5-12
- 8/13-8/17 (Monday-Friday) 9-11:30am

Create nature-inspired artwork and turn your backyard into a gallery showcasing your creations. This multi-media class will be taught by one of our talented instructors who will guide artists through sculpting, painting, and building your artistic treasures. Artwork will be fired in our kilns and will be ready for pickup at the community center building approximately 2 weeks after the completion of the class.

### Mad Science: Red Hot Robots

- Resident: \$175 / Non-Resident: \$190
- Ages: 5-12
- 8/20-8/24 (Monday-Friday) 9am-12pm

Join Mad Science for a week of fun with our marvelous robots! Children will explore the fundamentals of robotics, discover the science of circuits, and how robots use sensors to explore things around them. After experimenting with sound-sensing robots, line-tracking robots, and even robots that can play soccer, campers will be well-equipped to build their own working robot to take home. Children will also build simple circuits, test for conductivity, and discover how switches work as they participate in a variety of hands-on activities and games.



## SUMMER CAMPS

### Mad Science: Mad Machines & Junior Engineers Afternoon add-on)

- \$140
- Ages: 5-12
- 8/20-8/24 (Monday-Friday) 12:30-3:30pm

Whether you enjoy building structures or destroying them, you'll be more than satisfied with this summer camp! Mini Mad Science engineers will design and build skyscrapers using simple tools and intricate imaginations. Exercise your ability to work together in order to construct a geodesic dome big enough for all of the campers to fit inside! Work with pulleys, wedges, screws, and levers & assemble your own catapults! Maneuver robots around an obstacle course, play robot soccer, and even test line-tracking robots during this week-long camp full of (robot and children) hands-on excitement!

### Not Your Grandma's Grammar

- Resident: \$150 / Non-Resident: \$165
- Ages: 10-15
- 6/25 – 6/29 (Monday-Friday)
- 8/20-8/24 (Monday-Friday) 9-11:15am

Grammar may get a bad rap today for being a minor or boring aspect of Language Arts instruction, but the fact is that all creative writing and reading comprehension ability relies on a solid foundation of grammar skills. This class, taught by a middle school English teacher, will dive into the 8 main parts of speech, their use in a variety of sentence structures. Participants will learn and review the parts of speech as well as sentence structure through traditional written activities, along with fun and engaging formats such as game show simulation, board games, and memoizable chants and raps.



# SUMMER PROGRAMS

## SUMMER CAMPS

### Recreational Sports Camp – Shara Aaron & PRAC Staff

- Age: 5-12
- Resident: \$150 / Non-Resident: \$165 (Monday-Friday) (per week of camp)
- 6/25 – 6/29
- 7/9 – 7/13
- 7/16 – 7/20
- 7/23 – 7/27
- 7/30 – 8/3
- 8/6 – 8/10
- 8/13 – 8/17

1pm – 4pm  
A camp to introduce kids ages 5-12 years old to a variety of games and sports to develop a lifelong love of physical activity. Certified staff will lead campers in 3 different activities per day for 45-60 minutes each including tennis, Gaga, kickball, basketball, dodgeball, yoga, fitness training and pickleball. Once a week nutrition lesson will be included to round out the healthy lifestyle message. The meeting location of the camp for the week will be emailed out prior to the beginning of the camp. Pennsbury Racquet & Athletic Club will act as the rain back up when needed, so campers will not miss a day of fun all summer.

### Fun in the Sun with Super Soccer Stars

- Age: 3-5
- Resident: \$160 / Non-Resident: \$175
- 6/25 – 6/29 (Monday-Friday) 9:30-11:30am

Fun in the Sun camp is 2 hours of outdoor soccer fun and activities for children ages 3 to 5. Camp runs 9:30-11:30am daily! A typical camp day includes warm-ups and stretching, skill building and skill development activities, scrimmages and small sided games, and the big game where the kids get to play both each other, and then challenge their coaches! Fun in the Sun camp is a great way for your child to develop soccer skills and teamwork while spending time outside! \*Campers will meet at the community center each day\*

## SUMMER CAMPS

### Super Soccer Stars

- FREE Demonstrations
- 7/10 (Tuesday)
  - 2-3 years old
    - 11:15 – 11:55am
  - 3-4 years old
    - 12-12:40pm
- Summer Sessions (6-week series)
- Resident: \$120 / Non-Resident: \$135
- 7/17 – 8/21 (Tuesdays)
  - 2-3 years old
    - 11:15-11:55am
  - 3-4 years old
    - 12-12:40pm

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence and to develop teamwork in every class. Our specially designed curricula and educational class themes use positive reinforcement, and a low child-to-coach ratio, to ensure that each child improves at his or her own rate, while having endless fun!

## TEEN ART PROGRAMS

### Art Dept. Studios – Lori Loew

- Resident: \$35 / Non-Resident: \$50 (per class)
- Teens ages 12 - 17 can join our creative canvas art class. Learning to paint on canvas using our step-by-step instructions make it easy for the first-time painter to have 100% success.
  - Day at the Beach
    - 6/22 (Friday) 6-8pm
  - Dandelion Trio
    - 7/27 (Friday) 6-8pm
  - Dragonfly Dreams
    - 8/24 (Friday) 6-8pm

### Freedom to Express Yourself – Tara Bane (5-week series)

- Resident: \$100 / Non-Resident: \$115
  - Ages: 12-15
  - 6/1 – 6/29 (Fridays) 5:45 – 7pm
- This is a wonderful opportunity to participate in a group with your peers. You will have the chance to express your emotions, thoughts, and opinions in a non-judgmental space, while reducing any stress you

## TEEN ART PROGRAMS

may be experiencing. You will create new connections, increase conflict resolution skills, improve self-image, and build confidence, all while using art materials. You will work on individual projects and participate in group activities as well. \*Please note: there is a \$5 materials fee due to the instructor on the first day of class\*

## TECHNOLOGY WORKSHOPS

### Write Your Own Computer Apps – Alan Purugganan (2 workshop session)

- Resident: \$40 / Non-Resident: \$55
- Age: 18+
- 8/18 and 8/25 9am-12pm

Have you ever wanted to write a cool app for your smartphone or the Cloud? Or maybe automate your Excel spreadsheets or Word documents in the office? Then join us for a hands-on tutorial through the exciting world of computer programming! Using the language of JavaScript, you will be introduced to the building blocks of all software: Variables, Functions, Loops, Conditionals, Objects  
So come on out and build the next killer app!

\*Important Note: This is a bring your own laptop course and only Pc or Mac will be supported. Upon registration, the instructor will send you setup instructions for your laptop prior to the course.

\*Instructor Bio: Alan Purugganan has over 20 years of software development experience and is currently a system engineer for Prudential Financial. He has worked with various web, desktop and smartphone technologies and loves to develop apps! His hope is to teach his craft to the next generation of software developers.

# SUMMER PROGRAMS

## WRITING WORKSHOPS

### So you want to write a book? Introductory workshop – Brent Monahan

- Resident: \$15 / Non-Resident: \$30
- Age: 18+
- 6/2 (Saturday) 1-2pm
- 6/4 (Monday) 6-7pm

### The Nuts and Bolts of Writing Fiction and Biography – Brent Monahan (6-week series)

- Resident: \$95 / Non-Resident: \$110
- Age: 18+
- 6/11-7/16 (Mondays) 6-7pm

### Introduction to the Adventure of Creative Writing – Beverly Sce, Ph.D. (4-week series)

- Resident: \$139 / Non-Resident: \$154
- Age: 18+
- 7/10 – 7/24 (Tuesdays) 6:30-8:30pm
- 8/6 – 8/20 (Mondays) 6:30 – 8:30pm

## DOG PARK CLASSES

Registration: [lmt.org](http://lmt.org)

- Residents: \$35/ year up to two (2) dogs
- Non-Resident: \$50/year up to two (2) dogs

### Upcoming Dog Park Orientation Classes

- May 9, 7pm
- May 19, 9am
- May 23, 7pm
- June 6 at 7:00
- June 23 at 9:00
- July 11 at 7:00
- July 21 at 9:00
- August 8 at 7:00

After the class is complete residents can register online and providing shot records, PA Dog License and certificate from the class.

## 5 MILE WOODS PRESERVE

The Friends of Five Mile Woods host a volunteer workday at the Five Mile Woods Preserve (1305 Big Oak Road, Yardley PA) on the second Saturday of each month between March and November. No tools or experience are required, and all ages are welcome. Dress for the weather and for working in the Woods on/off trail. Volunteers meet at the Preserve headquarters at 9:00 am and work until noon on a variety of clean-up and trail maintenance projects. No reservations required. Steady rain and/or thunder cancel any workday. If you have questions about the workdays, or are interested in joining the "Friends of Five Mile Woods," please send an e-mail to [Friendsoffivemilewoods@gmail.com](mailto:Friendsoffivemilewoods@gmail.com).

- Volunteer Workdays (9am – 12pm)
  - June 9
  - July 14
  - August 11
- Workdays canceled with steady rain and/or thunder

## LMT COMMUNITY GARDENS

- Did you know that LMT has "community gardens"? They are available to any LMT resident free of charge! Garden plots are 25' x 25' or 50' x 25' and will be plowed and ready for planting some time in April. The gardens are located next to the Garden of Reflection, off Woodside Road.

For more information, please contact LMT Parks and Recreation at 215-274-1110.

- Volunteer(s) needed:
  - LMT Parks and Recreation is seeking a volunteer who is willing to oversee the community gardens at Memorial Park. If you are interested please contact the department!

## SPECIAL EVENTS

MAY 26: Opening Day at the pool

SEPTEMBER 2: Community Pride Day

September 11: 9/11 Ceremonies at the Garden of Reflection

SEPTEMBER 29: Roll and Stroll at Memorial Park

Pool Registration: The LMT pool is a membership pool. Memberships are available in our Township building or online. Please allow 24-48 hours processing time for your registration to be active.





**Parks & Recreation**

LOWER MAKEFIELD TOWNSHIP  
PARKS AND RECREATION  
1550 OXFORD VALLEY RD  
YARDLEY PA, 19067