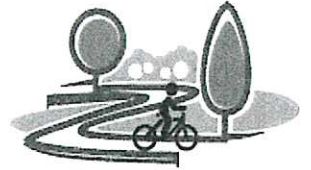


# LOWER MAKEFIELD TOWNSHIP Parks & Recreation



## LMT Class Proposal Sheet

Instructors Name: Christine Razler Today's Date: Oct 1, 2021

**Class Description:**

<b><u>Class Information</u></b>	
Category:	Pilates Mat Class
Price for Instructor:	18.75
Price Advertised (+LMT 25%):	\$25
Drop-in Class or Series:	drop in 4 - week series
Start-End Dates:	My times are flexible.
Number of Occurrences:	3
Class Min of Participants:	1
Class Max of Participants:	it depends on how big the room is for mat space
<b><u>Personal Information</u></b>	
Company Name:	Homegrown Pilates and Wellness
Contact Number:	267-907-2000
Address:	1804 S Crescent Blvd Yardley, PA
Email Address:	hello@homegrownpilatesandwellness.com
Relevant Certification(s) (include expirations):	Certified Comprehensive Pilates, AFAA Group Ex certified (Oct 2023) NASM Corrective Exercise Specialist, NBHWC National Board Certified Health and Wellness Coach (Dec 2023)
Additional comments or support you may need from Parks and Recreation:	bring your own mat and water

Instructor Signature: Christine M Razler

Program Manager Signature Elizabeth Lawson

Elizabeth Lawson  
Program Manager  
1550 Oxford Valley Road, Yardley, PA 19067  
elawson@lmt.org  
267-274-1111



# LOWER MAKEFIELD TOWNSHIP Parks & Recreation



## LMT Classes and Programs Determinates Tool

Instructors Name: Christine RAZLER Today's Date: 10/1/21

Proposed Class: Pilates Mat Class

Staff member: Elizabeth LAWSON

Determinants	Y/N
<b><i>Determinant 1: Conceptual foundations of play, recreation, and leisure</i></b>	
Does this program improve a person's quality of life when participating?	Y
Does this program improve one's social, psychological, and mental well-being?	Y
Is this program achieving a measurable goal?	Y
<b><i>Determinant 2: Organizational agency philosophy, mission and vision, and goals and objectives</i></b>	
Is this program cost effective for the community/participant?	Y
Does the program provide quality service that meets the needs of our residents?	Y
Is this program safe to all of its participants?	Y
Does this program include high quality engaged staff/instructors?	Y
<b><i>Determinant 3: Constituent interests and desired needs</i></b>	
Has the program or service been identified as a community need?	Y
Would the program or service be unique to what is already offered in the community?	Y
Are participants involved in evaluating the program?	Y
<b><i>Determinant 4: Creation of a constituent-centered culture</i></b>	
Does this program meet the needs of the targeted community members?	Y
Is this program or service accessible for various ability levels?	Y
Does this program or service reflect the differing characteristics of a community?	Y
Is this program economically achievable for all community members?	Y
<b><i>Determinant 5: Experiences desirable for clientele</i></b>	
Does this program or service promote a healthy lifestyle?	Y
Will this program provide an opportunity for participants to meet a personal goal?	Y
<b><i>Determinant 6: Community Opportunities</i></b>	
Does this program or service provide an opportunity for community members to come together for a common purpose?	Y
Does this program or service provide a positive and meaningful opportunity that encourages a sense of belonging and unity within a community?	Y

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