

LMT Bird Town BOTM January 2026: Dark-eyed Junco



- Juncos are the "snowbirds" of the middle latitudes. Over most of the eastern United States, they appear as winter sets in, and then retreat northward each spring. Other juncos are year-round residents.
- The Dark-eyed Junco is one of the most common birds in North America and can be found across the continent, from Alaska to Mexico, from California to New York. A recent estimate set the junco's total population at approximately 630 million individuals.
- The oldest recorded Dark-eyed Junco was at least 11 years, 4 months old.

