




# Lower Makefield Seniors Calendar-----MAY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>May Observances:</b> <ul style="list-style-type: none"> <li>• National Bike Month</li> <li>• National Physical Fitness &amp; Sports</li> <li>• National Mental Health Awareness</li> <li>• Lupus Awareness Month</li> <li>• Lyme Disease Awareness Month</li> </ul>		<b>May Birthstone: Emerald</b> <b>Fruits &amp; Vegies: Mangos, Limes, Potatoes, Rhubarb</b> <b>May Flower: Lily of the Valley &amp; Hawthorn</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 9:45 BOWLING 1:00 PING PONG	10:00 ART CLASS 10:00 STITCH & CHAT 1:00 MAHJONGG 12:20 DUPLICATE BRIDGE	10:00 LINE DANCING  <i>Kentucky Derby</i>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>World Laughter Day</b>  	11:45 BOWLING 12 & 1 MAHJONGG (2) 12:30 EXERCISE	9:00 CHAIR YOGA 10:00 MEET & GREET 12:00 CARDS  <i>National Teacher Day</i>	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 9:45 BOWLING 10:45 BRIDGE-A-THON 1:00 PING PONG	9:30 BOARD MEETING 10:00 ART CLASS 10:00 STITCH & CHAT 1:00 MAHJONGG 12:20 DUPLICATE BRIDGE	10:00 LINE DANCING 12:00 LUNCH BUNCH <b>(Applebee's in Newtown)</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>HAPPY Mother's Day</b> 	11:45 BOWLING 12 & 1 MAHJONGG (2) 12:30 EXERCISE 1:00 BOOK CLUB ( <i>Island of Sea Women</i> )	9:00 CHAIR YOGA 12:30 CARDS	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 9:45 BOWLING 1:00 PING PONG	10:00 ART CLASS 10:00 STITCH & CHAT 1:00 MAHJONGG 12:20 DUPLICATE BRIDGE	10:00 LINE DANCING 1:30 MOVIE ( <i>The Green Book</i> )  <i>Armed Forces Day</i>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	11:45 BOWLING 12 & 1 MAHJONGG (2) 12:30 EXERCISE	9:00 CHAIR YOGA 12:00 CARDS	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 9:45 BOWLING 1:00 PING PONG	10:00 ART CLASS 10:00 STITCH & CHAT 1:00 MAHJONGG 12:20 DUPLICATE BRIDGE	<b>LINE DANCING CANCELLED</b>  <i>National Wine Day</i>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
	<b>CENTER CLOSED</b> 	9:00 CHAIR YOGA 9:30 TRIP TO HUNTERDON HILLS 12:30 CARDS	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 9:45 BOWLING 1:00 PING PONG	10:00 ART CLASS 10:00 STITCH & CHAT 1:00 MAHJONGG 12:20 DUPLICATE BRIDGE	