



# Lower Makefield Seniors Calendar-----SEPTEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<p><i>Have a happy Labor Day!!!!</i></p> 	<p><b>LABOR DAY - CENTER CLOSED</b></p>	9:00 CHAIR YOGA 12:30 CARDS	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 9:45 BOWLING	9:00 BOARD MEETING 10:00 ART CLASS 10:00 STITCH & CHAT 12:30 MAHJONGG 11:50 DUPLICATE BRIDGE 1:00 BOCCE <i>Read-a-Book Day</i>	10:00 LINE DANCING
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<p><b>Grandparents Day</b> <b>International Literacy Day</b></p>	11:45 BOWLING 12 & 1 MAHJONGG 12:30 EXERCISE 1:00 BOCCE 1:00 BOOK CLUB ( <i>The Light Over London</i> ) (at Jan's house)	9:00 CHAIR YOGA 10:00 MEET & GREET ( <i>picnic lunch</i> ) 12:30 CARDS	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 10:00 CHAIR YOGA 9:45 BOWLING	10:00 ART CLASS 10:00 STITCH & CHAT 12:30 MAHJONGG 11:50 DUPLICATE BRIDGE 1:00 BOCCE	LINE DANCING 12:00 LUNCH BUNCH ( <i>Non Solo Pasta Ristorante</i> )
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
	11:45 BOWLING 12 & 1 MAHJONGG 12:30 EXERCISE 1:00 BOCCE	9:00 CHAIR YOGA 12:30 CARDS	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 10:00 CHAIR YOGA 9:45 BOWLING	10:00 ART CLASS 10:00 STITCH & CHAT 12:30 MAHJONGG 11:50 DUPLICATE BRIDGE 1:00 BOCCE	10:00 LINE DANCING 1:30 MOVIE ( <i>The Mule</i> )
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<p><b>Emmy Awards</b></p> 	11:45 BOWLING 12 & 1 MAHJONGG 12:30 EXERCISE 1:00 BOCCE  <i>Fall Starts!!</i>	9:00 CHAIR YOGA 12:30 CARDS	9:00 GAMES DAY 12:30 EXERCISE	9:30 BRIDGE GROUP 10:00 CHAIR YOGA 9:45 BOWLING	10:00 ART CLASS 10:00 STITCH & CHAT 12:30 MAHJONGG 11:50 DUPLICATE BRIDGE 1:00 BOCCE	10:00 – LINE DANCING  <i>Family Health &amp; Fitness Day</i>
<b>29</b>	<b>30</b>	<p><b>September Observances:</b></p> <ul style="list-style-type: none"> <li>• National Preparedness Month</li> <li>• Childhood Cancer Awareness Month</li> <li>• National Suicide Prevention Awareness Month</li> <li>• National School Success Month</li> </ul>		<p><b>September Fun Facts:</b></p> <ul style="list-style-type: none"> <li>• September Birthstone: Sapphire</li> <li>• Fruit &amp; Veggies: Peppers, Tomatillos</li> <li>• April Flowers: Aster &amp; Forget-Me-Not</li> </ul>		
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