



# LOWER MAKEFIELD Emergency Management Coronavirus Fact Sheet

Last Updated: 3/10/2020

## What is coronavirus?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

## Who is at risk of contracting coronavirus?

- For most of the American public, who are unlikely to be exposed to this virus at this time, the immediate health risk from COVID-19 is considered low.
- People in communities where ongoing community spread with the virus that causes COVID-19 has been reported are at elevated, though still relatively low risk of exposure.
- Healthcare workers caring for patients with COVID-19 are at elevated risk of exposure.
- Close contacts of persons with COVID-19 also are at elevated risk of exposure.
- Travelers returning from affected [international locations](#) where community spread is occurring also are at elevated risk of exposure.

## How can I protect myself from coronavirus?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

## How does coronavirus spread?

Health experts are still learning about the coronavirus. Currently, it is thought to spread:

- via respiratory droplets produced by coughs and sneezes.
- between people who are in close contact with one another (within about six feet).

### What to do if I have symptoms?

- Self quarantine
- call 911 and be guided by their advice (Do not go to local hospital or other health clinic or center).

For more information



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